

Preface

William Garner Sutherland, D.O., taught many ways of addressing clinical problems in the practice of Osteopathy. In all views, he emphasized the fact that the living human body is one physiological organism. Study groups, such as the Dallas Osteopathic Study Group, are making these teachings available to the profession today. This book introduces the reader to valuable ways of using ligamentous articular balance and myofascial release methods. Dr. Sutherland taught that the goal of an Osteopathic treatment is to effect a more efficient interchange among all the fluids of the body at all interfaces.

In the practice of Osteopathy, the physician keeps the basic facts of anatomy and physiology in mind, together with the particular problems that his patients bring him. He has to find the problem, understand it, and plan a program of treatment for solving it. The plan of treatment may vary, but the result should be normal action. The principles of ligamentous articular strain and of myofascial release provide valuable information for use in practice. This book has much useful knowledge for Osteopathic practice.

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